



# El Arēpazò

L A T I N F O O D

## Arēpas

**Fried or Grilled**

**BLONDE**..... £8.50

Gluten-free cornbread filled with melted cheddar cheese

**BLONDE BEEF**..... £10.20

Gluten-free cornbread filled with shredded cooked beef, and cheddar cheese

**DOMINO**..... £10.50

Gluten-free cornbread filled with black beans, and creamy white cheese

**SHREDDED BEEF**..... £10.20

Gluten-free cornbread filled with shredded beef

**CRUNCHY PORK AND CHEESE**..... £10.80

Gluten-free corn bread filled with crispy pork belly and cheddar cheese

**THE QUEEN**..... £10.50

Gluten-free cornbread filled with shredded cooked chicken, mayo, and creamy avocado

**THE KING**..... £11.50

Gluten-free cornbread filled with shredded chicken, mayo, avocado, cheddar cheese, and sweet plantain

**DIY AREPA (3 TOPPINGS)**..... £12.20

Customize your own arepa with three choice of fillings

## Drinks

**MANGO SMOOTHIE JUICE**..... £4.20

**STRAWBERRY SMOOTHIE JUICE**..... £4.20

## Desserts

**TRES LECHE\***..... £5.80

**QUESILLO\***..... £4.99

**CHOCOLATE FINGERS (3)\***..... £5.60

*\*Please ask for details and availability*



## Empanadas

**CHEESE EMPANADA**..... £7.80

Golden cornbread filled with cheese  
(2 Empanadas)

**MINCED BEEF EMPANADA**..... £9.20

Golden cornbread filled with minced beef  
(2 Empanadas)

**SHREDDED BEEF EMPANADA**..... £9.20

Golden cornbread filled with shredded beef  
(2 Empanadas)

**DIY EMPANADAS (3 TOPPINGS)**.... £10.50

## Extras

**SPECIAL CHEESE FINGERS\***..... £5.70

(4 Tequeños)

**PASTELITOS ANDINOS\***..... £6.50

Crispy pastries stuffed with white rice and seasoned minced beef (2 Pastelitos)

**CHEESE PASTELITOS\***..... £5.80

Crispy pastries stuffed with rich cheese  
(2 Pastelitos)

**CORN AND CHEESE BITES\***..... £5.60

Crispy corn dough stuffed with rich white cheese

**PLAIN FRIES\***..... £5.50

**SPECIAL FRIES\***..... £6.99

Bacon with melted cheddar cheese

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